



Happy New Year!

From all of us at Sonshine Community Services, we wish you and your family peace and joy throughout 2023.

We're incredibly grateful for your support in 2022, and are looking forward to strengthening our work this year through community partnerships, advocacy and education.

In 2022 Sonshine served:

- 42 women and 51 children in the Sonshine Centre
- 32 children under age 6 in the Children's Centre
- 45 Community Counselling clients
- 435 families through Sonshine Family Day Homes
- 43 women and children through follow-up services

Thank you for being a part of the Sonshine family of supporters, and walking alongside women and children impacted by domestic violence.

Community Support in Action

The work we do at Sonshine would not be possible without the dedicated support of our partners.

The 2022 Holiday Season saw an outpouring of community giving from individuals, families, organizations, church groups, and schools.

19 families were adopted for the holidays through our Adopt-A-Family program, and we were pleased to offer new opportunities for residents to shop for gifts, basic needs, toys and more.



We'd like to say a huge thank you to all of our dedicated volunteers, program and suite sponsors, and donors who brightened the holiday season for our residents and clients.

[Learn more about the amazing contributions of Sonshine's community on our blog!](#)

Articles of Interest

- [**The Silent Ways Abusers Control**](#)
- [**Woman ticketed while staying at YWCA shelter says city could do more to help**](#)

- **Indigenous community services, 211 get funding to address gender-based violence in Alberta**
- **A Guide to Coercive Control**

More Ways to Support Sonshine

Volunteer

We're always looking for passionate volunteers to fill a variety of positions. If you'd like to share your time, skills and abilities with us, please fill out our [application form](#).

FUNdraising Events

Have fun and help Sonshine! If you're interested in hosting a concert, golf tournament, auction, or other fundraiser in benefit of Sonshine, contact us at philanthropy@sonshine.ca

Basic Needs

Sonshine accepts new, unused household items like queen and twin sized bedding, towels, coffee makers. Appointments are required for in-kind donations. [Contact us!](#)

SkipTheDepot

Have your recycling picked up from your home and donate to Sonshine at the same time with [SkipTheDepot](#).

TruEarth

Shop eco-friendly goods from Vancouver's [TruEarth](#) and 20% from your order will be donated directly to Sonshine.

Sisters' Story Coffee

[Stock up](#) on organic, Fairtrade coffee from farms exclusively owned and operated by Indigenous women in Peru.

Donate



Sonshine Society of Christian Community Services | PO Box 34067 Rpo Westbrook, Calgary, T3C 3W2 Canada

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